

This is why it's important to familiarize yourself with the swinging rules. Failing to do so can damage the relationship with your partner and also make other couples uncomfortable.

1. Discuss Comfort Levels with Your Partner in Advance of attendance

The most important rule for swingers new to this lifestyle is discussing boundaries.

Always develop a mutual understanding of how far to go before you engage with any couple.

Remember that swinging doesn't always mean having penetrative sex.

Some couples only prefer foreplay and oral. While others may be down to have vaginal and even anal.

So, what are your limits as a couple?

2. Set a Codeword

Swinging can be overwhelming for first timers, especially if you have a hard time controlling your nerves.

So, the last thing you want is to make your experience awkward and uncomfortable by not knowing how to make it stop.

This is why we recommend setting a few codewords. Some codewords might indicate pleasure while others pain.

Use them while you're sexually engaging with other couples, so your partners know what's going on with your feelings.

3. Practice Safe Sex

Unprotected sex is a risk that we'd never recommend taking. Even if you're swinging with Bob and Mary who you've known for years.

You never know what goes on in their sex life. How active they have been in the lifestyle scene, and how seriously they take the safety measures.

This is why, whether you're partner swapping with someone you already know or going to a swinger club – ALWAYS carry condoms.

4. Communicate Clearly

Like every sexual experience, if you want to make swinging memorable, then communicate clearly.

Talk to your partner if they like the couple you plan on engaging with. Share any kinks or sexual preferences you have.

At the same time, make an effort to understand what the other couple expects.

No one can read your mind, so unless you don't tell them what you're expecting, they wouldn't know.

5. Drink Under a Limit

This is the most important swinger party rule.

Sure, drinking can set the tone and help you calm your nerves before you swing. But, we only recommend drinking under a limit.

Two glasses of wine or beer are enough to get tipsy. Any more than that would be a bad idea because you may lose control over yourself.

The last thing you want is to make the other couple feel uncomfortable just because you had a few more drinks than you could handle.

6. Listen to your Partner

Swinging is a mutual decision, and you should respect what your partner likes and dislikes.

If you're planning to swing with a particular couple, but your partner doesn't want to, then listen to what he/she prefers.

It will only be fun when both of you are into it and truly feel comfortable.

7. Adhere to Club Etiquettes

If you're going to a swinger club, then keep in mind that every club has its set of rules and guidelines that they're quite strict about.

8. Stay Quiet as a Voyeur

There's nothing more annoying than being spectated by voyeurs who can't stay quiet.

So, if you're watching other couples, then make sure not to make unnecessary noise.

9. Clean Up your Own Mess

Just because someone enjoys having sex with you, doesn't mean they'd also enjoy cleaning your gunk.

Whether you're swinging in a lifestyle club, or at someone's home, don't forget to clean your mess. That shows respect for others.

10. Take it Slow

First-time couples should take it slow and spend some time at the first base.

And even if you have the no-kissing rule, then at least, get briefly acquainted with the couple.

Rushing into it may be too overwhelming for your partner, especially if he/she already has a hard time controlling their nerves.

11. Calm your Nerves

Keep in mind that there's nothing wrong in telling the other couple that you're nervous. They'll go out of their way to make you relax.

12. Take Care of your Hygiene

This should already be obvious enough, but if it isn't, then do not forget to take care of your hygiene.

Before you swing with a couple, make sure to take a shower, and especially wash your private parts.

And it doesn't hurt to buy a perfume and keep a mint because no one likes being around a bad body odour and breathe.

Carry protection with you and have it handy so you don't have to run off or fumble to be ready for the fun. Be responsible for your own personal protection during the course of the interaction. Especially if its with someone you haven't had fun with before. You need to trust yourself.

13. Consent is Key

Regardless of how deep you're into the moment, don't forget that consent is key.

The moment any of the sexual partners ask you to stop, you need to respect their decision.

This is also the reason we don't recommend getting too drunk before swinging. Otherwise, it may become difficult for you to control yourself.

14. Don't Undermine your Partner

If you value your relationship, then make sure not to make your partner feel insecure. Do not undermine their sexual prowess in front of another couple.

The only thing you would achieve by doing that is to make your partner feel hesitant for a second time.

And in the worst-case scenario, it may even permanently damage your relationship.

15. Be Courteous After Sex

You don't have to exchange numbers and become best buddies with every couple you have sex with.

But the least you can do is to be courteous by being understanding, polite, and thoughtful.

In a nutshell, behave with them the same way you would expect them to behave towards you.

Consent at Saints & Sinners Ball

We want all involved with Saints & Sinners to feel super comfortable, radically expressing themselves through kink at all events

Respect the autonomy of the individual:

- every person has the right to make decisions about their own body, property, and personal space. What you see as a gift might be a curse if it is unwelcome (or unwanted), so when giving a gift, entering someone's personal space, or using someone's property, ask permission first. Only proceed if there is consent between all parties

- Do not ever assume that you have consent based upon what a person is wearing or how they are acting
- Consent must be mutual, definite, and given consciously, and persons are free to change their mind at any time.
- Remember that consent for one act does not imply consent for all acts, and consent given once does not mean that you have consent every time
- No always means no
- DO NOT TOUCH or grope people unless you have been expressly given their ok to do so.
- If you're unsure, simply check - a quick "Would you mind if I...?" is required and you'd be amazed at how empowering it is too
- The absence of NO is not a YES!
- Remember, consent is EXPRESSED not IMPLIED.
- MANAGEMENT ASSUMES NO CONSENT HAS BEEN GIVEN IN ALL REPORTED INCIDENTS.
- This is not negotiable
- IF AN INCIDENT OCCURS AT THIS EVENT YOU MUST REPORT IT IMMEDIATELY OR ON THE NIGHT SO THE MANAGEMENT CAN DEAL WITH THE SITUATION AND BE CLEAR ON WHO THE PERPETRATOR IS – PLEASE GO TO SECURITY
- IF THERE IS LEGAL PROCEEDINGS BETWEEN ATTENDEES AND THERE IS A RESTRAINING ORDER IN PLACE THE FIRST PERSON WHO ENTERS THE VENUE AND HAS A COPY OF THE ORDER CAN REMAIN, AND THE OTHER PERSON WILL NOT BE ALLOWED TO ENTER